

Image via Burst

Tips and Resources for Living in an Apartment During an Outbreak

The novel coronavirus outbreak has changed virtually every American's daily life. Currently, 43 states are under stay-at-home orders, and most people are taking the orders seriously and leaving their home only for essential trips to the grocery store, doctor's office, work, and so on.

While a quarantine may not be that difficult for the first few days, it can quickly get old. And if you live in close quarters with others, such as in an apartment complex, it's important to adjust your routine and take certain precautions along the way. Here are some tips and resources to help you maintain your well-being during an outbreak:

Take on a Home Project (or Five)

These projects will help you stay productive and healthy through the quarantine.

15 Smart Tips for Organizing a Small Apartment Weekend Projects for the Renter How to Set Up a Home Gym in an Apartment Home Fitness: How to Choose Exercise Equipment and Where to Place It Create a Hobby or Craft Room in 3 Easy Steps

Look Into Financial Assistance

There are a number of ways to get financial help if you are struggling to pay rent right now.

Worried About Paying Rent on April 1? What States Are Doing, and Not Doing, to Help Can't Pay Your Rent? How to Work with Your Landlord During the Coronavirus Outbreak Disaster Financial Assistance (USA.gov)

Clean Your Little Heart Out

Few things are more important at this moment than cleaning and sanitizing everything.

When and How to Wash Your Hands

How to Clean Your Apartment Like a Pro

How to Disinfect Every Room in Your House

Here Are the Best Coronavirus Cleaning Products, According to the EPA

If you live in an apartment, it's essential to take steps toward staying healthy, happy, and safe while you're quarantined. Consider these resources for home projects, financial assistance, and cleaning. And remember that this thing is temporary, even if it doesn't feel like it right now!